



## DIVE DEEPER EXPEDITIONS

### DIVE DEEPER EXPEDITIONS: 3 DAYS OF IMMERSIVE EXPERIENCES

**Dive deeper into an educational expedition with a sea turtle expert.** During this 3-day educational adventure, you will learn about sea turtles and have a unique opportunity to witness a remarkable natural phenomenon, where thousands of sea turtles nest simultaneously in an event called an arribada. A sea turtle expert will accompany you on your journey as you observe sea turtles at different stages of their life cycle. Learn first-hand about the research and community initiatives at the Ostional National Wildlife Refuge that protect this special place.

**Activities include:**

- Learn to identify and report sea turtle activity
- Boat excursion to observe sea turtles in the ocean
- Snorkeling the reef at a secluded beach
- Walking tour to observe nesting turtles at night
- Turtle hatchery visit
- Exclusive documentary features

**Duration:** 3 days

**Meeting point:** your hotel or vacation rental

**Price:** starting from \$245 per person for a group of 10 people. Includes taxes, expert facilitator fees and all group activities and tours.

**Best time to go:** July–September, November

**TURTLE TOUR DISCLAIMER: Touching, handling, or swimming with sea turtles is strictly forbidden.**



**Facilitated by National Geographic Explorer Dr. Vanessa Bézy**

Vanessa fell in love with the “pura vida” pace of life and culture that centers on a respect and connectedness with nature in 2004 and eventually made Costa Rica her permanent home. She has since dedicated herself to marine conservation, working primarily with sea turtles and in particular the mass-nesting phenomenon at the Ostional National Wildlife Refuge. In addition to her research, she is actively involved in educational and outreach activities. Learn more about Vanessa, her work, and read her blog at [vanessabezy.com](http://vanessabezy.com).



**WILDLIFE  
CONSERVATION  
ASSOCIATION**

ENVIRONMENT • SUSTAINABILITY • EDUCATION

Visit the Wildlife Conservation Association  
website: [wcanosara.org](http://wcanosara.org)



# TENTATIVE ITINERARY



## Giving Back

A portion of the proceeds from the Dive Deeper Expeditions will go to the Wildlife Conservation Association, a non-profit organization dedicated to protecting wildlife from the negative impacts of tourism and development in the area. Our experiences are carefully planned to support sustainable development and tourism initiatives in the area. During your stay, you will learn first-hand and experience how your stay in Nosara supports local businesses that ensure a minimal impact on the environment and support the local community and economy. Learn more at [www.wcanosara.org](http://www.wcanosara.org)

Left image above: ASA 50 Photography, Andrea Díaz-Perezache and Víctor Jaramillo

## DAY 1: SEA TURTLES

After an early breakfast, head out on a boat excursion where you will observe sea turtles in the Pacific Ocean. Afterwards, snorkel and relax on a secluded beach, and enjoy a typical Costa Rican lunch with a fantastic view. On your way back down the coast, learn about the Ostional National Wildlife Refuge and visit a sea turtle hatchery. Rest and enjoy a free afternoon in Nosara.

**Costs Included:** round trip transportation to/from Guiones, boat trip, breakfast, snacks, and dinner.

## DAY 2: CONSERVATION

Take a morning stroll down the beach as you learn how to identify tracks to monitor sea turtle nesting activity with a local sea turtle project. Enjoy a free afternoon in paradise. At night, you will have the opportunity to observe nesting turtles first-hand during a walking tour at Ostional Beach.

**Costs Included:** arribada tour, local guide fee, round trip transportation to/from Ostional, breakfast, and dinner

## DAY 3: SCIENCE AND TECHNOLOGY

Enjoy a relaxing, free morning. After breakfast, our facilitator will share how technology is being used for scientific research at the Refuge. Observe the arribada through a virtual reality experience with 3D models of sea turtles. Learn about initiatives to protect the Refuge. Enjoy the last of your free time in Nosara before our goodbye dinner at La Luna Restaurant in Playa Pelada.

**Costs included:** breakfast, interactive presentation, and dinner



Visit the Wildlife Conservation Association website: [wcanosara.org](http://wcanosara.org)

# PACKAGE OPTIONS: ACCOMMODATIONS



## **OLAS VERDES HOTEL**

### **ADDITIONAL \$55–\$176 PER NIGHT PAX (TAX INCLUDED)**

This luxurious, low-key, and LEED Platinum Certified hotel will help ensure you have maximum relaxations and minimum impact on the environment during your stay. This hotel is exceptionally located within 50 m of the beach and walking distance to the center of Guiones. Amenities include breakfast at the on-site restaurant, pool, on-site surf school, and bikes for your use. Enjoy a luxury suite with a shared living room, mini-fridge, coffee maker, microwave oven, wet bar, breakfast seating area, and a shared bedroom with a queen size bed and single bed, and air conditioning. The on-site restaurant also offers local lunch and dinner dishes (casado-style). Reservations for large groups must be coordinated at least 24 hrs in advance.



## **GREEN SANCTUARY HOTEL**

### **ADDITIONAL \$25–72 PER NIGHT PAX (TAX INCLUDED)**

This recycled container hotel offers a functional, comfortable, and sustainable stay at an unbeatable price. This hotel is just a short 700 m walk through the jungle from the beach and close to the center of town. Amenities include breakfast, air conditioned rooms, a pool and yoga deck. Shared bedrooms have a double and single bed with a private bathroom.

## **ADDITIONAL INFORMATION**

Prices are determined based on season/availability and require confirmation. We are happy to assist you with accommodations and additional activities/tours not included in the itinerary for an additional 10% service fee.



**WILDLIFE  
CONSERVATION  
ASSOCIATION**

ENVIRONMENT • SUSTAINABILITY • EDUCATION

Visit the Wildlife Conservation Association  
website: [wcanosara.org](http://wcanosara.org)

# PACKAGE ADD-ONS



## ADDITIONAL COSTS NOT INCLUDED:

- Round trip transportation to Nosara from your origin
- Meals not specified in the itinerary (approx \$15–20)
- Local transportation in the Nosara area outside of the itinerary
- Additional expenses incurred (i.e., invitations to additional meals or activities by the client, accommodations for activities to be arranged at the client's hotel)

## LOCAL TRANSPORTATION

Golf cart rental (4–6 capacity) for \$65–75 daily  
Mini-van rental (10–14 capacity) for \$TBD daily



## ADDITIONAL ACTIVITIES AND TOURS

- Yoga class (\$15)
  - Surf class (\$55)
  - Refuge for Wildlife rescue center visit (\$75)
  - Walking nature tour (\$25)
  - Mangrove kayak excursion (\$55)
  - Plant a tree with a local reforestation project (\$45)
  - Visit a local family farm, meet the family and share traditional food (\$35)
- Prices per person. Private and group pricing available upon request.*



## DISCLAIMER TURTLE TOURS:

While we can never guarantee turtle behavior, our trip dates are carefully planned to maximize the likelihood that you will see the arribada phenomenon. Turtle tours will be scheduled at the last minute, based on sea turtle behavior and recommendations of the local guide association. In the event an arribada does not occur, we will go on a turtle tour to see turtles nesting solitarily. A local, certified guide will accompany us on the beach and ensure we have a maximum chance of seeing turtles and a minimal impact as we observe them. The facilitator will accompany you on the tour and offer an exclusive pre-tour orientation and interactive tour materials.

## CONTACT US TO BOOK A TOUR NOW!

[info@wcanosara.org](mailto:info@wcanosara.org)



**WILDLIFE  
CONSERVATION  
ASSOCIATION**

ENVIRONMENT • SUSTAINABILITY • EDUCATION

Visit the Wildlife Conservation Association  
website: [wcanosara.org](http://wcanosara.org)